


# East Creek October 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 <b>Queen's Birthday</b>	2 Walking Group 8:45am <b>Cuppa &amp; card game</b> 10am – 12pm   Meditation 7-9pm	3  Art-Ability 12-1pm Art Group 1- 3pm  Eating with Friends 12pm Wilsonston Hotel	4 Stroke Support Group <b>Stroke Awareness Week</b> <b>Lunch 10 am – 12 pm</b> Morning Tea @ The Movies	5 Harmony Playgroup 10 am-12 pm Craft Group 10am – 12noon	6 
7	8 Crochet Group 10 - 12 <b>Blankets for the Homeless</b> 1:00pm – 3:00pm	9 Walking Group 8:45am <b>Cuppa &amp; card game</b> 10am – 12pm TASC talk   Meditation 7-9pm	10  Art-Ability 12-1pm Art Group 1- 3pm	11 Stroke Support Group 9.30-11.30am	12 Harmony Playgroup 10 am-12 pm Craft Group 10am – 12noon	13 
14	15 Crochet Group 10 - 12 <b>Blankets for the Homeless</b> 1:00pm – 3:00pm	16 Walking Group 8:45am <b>Cuppa &amp; card game</b> 10am – 12pm   Meditation 7-9pm	17  Art-Ability 12-1pm Art Group 1- 3pm  Eating with Friends 12pm Café Valetta	18 Stroke Support Group, 9.30-11.30am	19 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon Committee Meeting 2.00pm-3.00pm	20
21	22 Crochet Group 10 - 12 <b>Blankets for the Homeless</b> 1:00pm – 3:00pm	23 Walking Group 8:45am <b>Cuppa &amp; card game</b> 10am – 12pm   Meditation 7-9pm	24 Harmony Playgroup 10:00 -11:30am  Art-Ability 12-1pm Art Group 1- 3pm	25 Stroke Support Group 9.30-11.30am Morning with the Stars Morning Tea 9:30am Show 10:00am	26 Harmony Playgroup 10 am -12 pm Craft Group 10am – 12noon	27
28	29 Crochet Group 10 - 12 <b>Blankets for the Homeless</b> 1:00pm – 3:00pm	30 Walking Group 8:45am <b>Cuppa &amp; card</b>   Meditation 7-9pm	31  Art-Ability 12-1pm Art Group 1- 3pm  Eating with Friends 12pm Hog's Breath Cafe			

 Produce Swap 9am-11am

 – Dr Who Group 10:00am – 3:00pm

 Meditation

 Thank you to TRC for the printing

Community Literacy Program – by appointment (see Carole for details 4639 2755) Bread, some Fruit and Vegetable available – just call in to the Centre  
Fresh free range Eggs \$3.50 per dozen Broadband for Seniors – by appointment (Monday, Wednesday & Friday 4639 2755)